Mental Health First Aid Training.

Good news! More mental health first aid training will be delivered in Sheffield.

This time it is not just for those that work within the life of the church but also for church members, the Sheffield circuit would like to have at least 1 mental health first aider within every congregation, this does not need to be a person employed by the church. At the same time, we would like to encourage everyone who does work for the Methodist church to book on to a training as soon as possible.

The training will be delivered by Timon Jansen via Pontes Mental Health Training.

All training sessions are planned online and will consist of 2 full days.

At the end of the training, you will be a qualified Mental health first aider, receive a certificate from mental health first aid England and you will have some really good resources at your disposal. For more information about MHFA please look at: https://mhfaengland.org/individuals/adult/

Below is a list of dates planned for the rest of this year, please book via the link provided. The circuit will cover costs for the training but we ask you to take your booking serious as last-minute cancelations are not helpful. Please be aware of the difference between the youth and adult version, the youth version we would recommend for those that work specifically with children and young people.

If you have any questions regarding the course then please get in touch with Tim via: info@pontestraining.co.uk

Training dates and booking link:

MHFA Youth course.

21 and 28th September 2021, 09:00-17:00 both dates.

Location: To be decided within Sheffield.

Booking link: https://www.eventbrite.co.uk/e/162250293997

MHFA **Adult** course.

23 and 30th September 2021, 09:00-17:00 both dates.

Location: Wesley Hall in Crookes.

Booking link: https://www.eventbrite.co.uk/e/162249617975

MHFA **Adult** course.

7 and 14th October 2021, 09:00-17:00 both dates.

Location: Wesley Hall in Crookes.

Booking link: https://www.eventbrite.co.uk/e/162249932917

MHFA **Adult** course.

25th November and 2nd December 2021, 09:00-17:00 both dates.

Location: Wesley Hall in Crookes.

Booking link: https://www.eventbrite.co.uk/e/162250057289