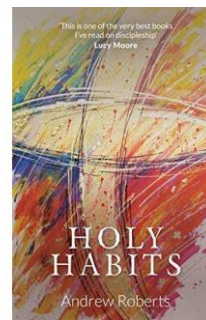


Holy Habits what and why!

Holy Habits has grown out of a study of **Acts 2:42-47** by Methodist minister Andrew Roberts.



This passage from Acts describes how the apostles lived out their discipleship in **ten Holy Habits** through: *Biblical teaching, fellowship, breaking of bread, prayer, giving, service, eating together, gladness and generosity, worship and making more disciples.*

As the **Sheffield Circuit**, we are encouraged to explore these ten Holy Habits over the next **two years**. That means we will have 2-3 months for each of the Holy Habits. Preachers are encouraged to focus on the relevant topic in their services, individuals are invited to deepen their faith and discipleship journey with the ten Holy Habits, congregations are challenged to include each Holy Habit into the life of their church – this may be in existing groups, meetings and outreach or as something new.



Hopefully this will be an exciting adventure!

We believe Holy Habits can help us unite across our city and from one (Methodist) Christian to the next. Our prayer is that exploring these ten Holy Habits will deepen our understanding of God, rekindle our exploration of scripture, prayer and fellowship and refresh our involvement in our neighbourhoods with a new found confidence and ability to express what we believe in a meaningful and relevant way.

You may want to think of the 10 Holy Habits as 10 ways of becoming a (better) follower of Jesus Christ.

During September and October, we will be exploring the Holy Habit of 'Prayer' - look out for the connections made in the services you attend on Sundays, use these two months to try new ways of praying, talk to each other about it, share your experience, join in even when it's new and unfamiliar...

The next Holy Habit, which we will look at from November to January, will be 'Gladness and Generosity' and we already look forward to hearing your understanding of these two words and to explore them with you in different ways.

Hopefully this journey of the Sheffield Methodist Circuit over the next two years will be a rich blessing for our own faith and spirituality, for a deeper fellowship and a transformational experience for everyone.

We trust that God's rich blessings lie on this adventure. May we all experience it!

Holy Habits Support Group